

October Classroom Guidance News, Vol. 1 Issue 2

"If you act successful,
then you will be successful."

Stacey Lawson, Counselor

~ Good Choices ~



How do I Contact Mrs. Lawson?

- ♦ Phone - (912) 395-6742
- ♦ E-mail: stacey.lawson@sccpss.com
- ♦ Stop by and make an appointment

Please don't hesitate to call, email or stop in to see me!



"To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment."

— Ralph Waldo Emerson

Red Ribbon Week October 27-31

I pledge to stay in school and learn the things that I need to know.

I pledge to make the world a better place for kids like me to grow.

I pledge to keep my dreams alive and be all that I can be.

I pledge to help others and to keep myself drug free.

We will be covering making good choices and decision making skills during the month of October. During our time together, we will focus on standing up to peer pressure. Peer pressure begins at an early age and kids need the skills to stand up to peers and say no to unhealthy and unkind behaviors. We will also address bullying during the month I visit with your child in classroom guidance.

WHAT IS BULLYING?

The definition we use for bullying includes the following:

1. It has to be one-sided.
2. It has to be repeated.
3. It has to be on purpose.
4. It has to be hurtful.

TYPES OF BULLYING:

The types of bullying are verbal, physical, and relationship. Relationship bullying includes when someone is left out or excluded on purpose, or when someone tries to damage friendships. Most cyber bullying is considered relationship bullying.



Parent: How can I keep my child safe during Halloween?

Everyone wants to have a fun and safe Halloween, whether your kids are giving out candy or trick or treating in the neighborhood. To start, you can put a name tag with your phone number on your children's costumes in case they get separated from you at any point. Remind your kids that when trick or treating they should walk from house to house, and be sure to stop at the crosswalk and look both ways before crossing the street. Kids can carry flashlights and glow stick bracelets or necklaces to stay well lit while walking. Try to limit trick or treating to your own neighborhood and/or homes that you or your kids know. Check out kidshealth.org for more great Halloween safety tips!